

Group Pilates Reformer Instructor Training

February 14th, 15th & 16th, April 26th & 27th

Mandatory Attendance For All Dates



balanced body®

Group Reformer

FOR FITNESS PROFESSIONALS

Build your skills & learn how to use the Pilates repertoire in Reformer classes to attract and retain clients! We partnered with Balanced Body Education® to tailor this innovative curriculum just for our Instructors. Based on movement science and the Pilates method, our Group Reformer Training is adaptable to meet our members' needs and your personal coaching style. You will emerge with the skills to create dynamic, safe and effective Pilates Reformer programming for all fitness levels!



The Pilates Krewe

- 9568 West Linebaugh Ave, Westchase, Florida, 33626, United States

- Questions? Email katie@pilateskrewe.com

- Registration Link: <https://www.pilates.com/class/Reformer-Program-for-Fitness-Professionals-187062>

Space Limited
REGISTER TODAY!